

⚠ WARNING	
• INGESTION HAZARD: This product contains a button cell or coin battery. • DEATH or serious injury can occur if ingested. • A swallowed button cell or coin battery can cause Internal Chemical Burns in as little as 2 hours. • KEEP new and used batteries OUT OF REACH of CHILDREN • Seek immediate medical attention if a battery is suspected to be swallowed or inserted inside any part of the body.	

⚠ AVERTISSEMENT	
• RISQUE D'INGESTION : ce produit contient une pile bouton. • Avaler une pile bouton peut entraîner d'importantes blessures, et même la MORT. • L'ingestion d'une pile bouton peut causer des Brûlures Chimiques Internes en seulement 2 heures. • CONSERVEZ les piles neuves et usagées HORS DE PORTÉE des ENFANTS. • Appelez les soins médicaux d'urgence si vous suspectez qu'une pile a été avalée ou insérée dans une partie du corps.	

- Remove and immediately recycle or dispose of used batteries according to local regulations and keep away from children. Do NOT dispose of batteries in household trash or incinerate.
- Even used batteries may cause severe injury or death.
- Call a local poison control center for treatment information.
- Battery type: lithium metal, CR2032.
- Nominal battery voltage: 3.0 V
- Non-rechargeable batteries are not to be recharged.
- Do not force discharge, recharge, disassemble, heat above 158°F (70°C) or incinerate. Doing so may result in injury due to venting, leakage or explosion resulting in chemical burns.
- Ensure the batteries are installed correctly according to polarity (+ and -).
- Do not mix old and new batteries, different brands or types of batteries, such as alkaline, carbon zinc, or rechargeable batteries.
- Remove and immediately recycle or dispose of batteries from equipment not used for an extended period of time according to local regulations.
- Always completely secure the battery compartment. If the battery compartment does not close securely, stop using the product, remove the batteries, and keep them away from children.

- Retirez immédiatement les piles usagées ou éliminez-les en accord avec les lois locales. Gardez-les hors de portée des enfants. Ne les jetez pas aux ordures ménagères dans la poubelle domestique. Ne jetez pas de piles dans un feu.
- Même des piles usagées peuvent causer des blessures graves ou mortelles.
- Appelez votre centre antipoison pour connaître le traitement en cas d'ingestion.
- Type de pile : métal-lithium, CR2032.
- Tension nominale de la pile : 3.0 V
- Les batteries non-rechargeables ne doivent en aucun être rechargées.
- Ne forcez pas la décharge ou la recharge des piles. Ne les désassemblez pas. Ne les exposez pas à une température supérieure à 70°C (158°F). Ne les jetez pas dans le feu. Cela peut provoquer des blessures dues à des émanations gazeuses, à des fuites ou à une explosion avec pour conséquence des brûlures chimiques.
- Assurez-vous que les polarités (+ et -) de la pile sont respectées.
- Ne mélangez pas des piles neuves et usagées, de marques ou de types différents tels que carbone-zinc, alcalines, ou rechargeables.
- Retirez puis recyclez ou éliminez immédiatement les piles des équipements qui n'ont pas été utilisés depuis longtemps, en accord avec les lois locales.
- Assurez-vous de toujours sécuriser le compartiment à piles. S'il ne se ferme pas correctement, arrêtez d'utiliser le produit. Retirez les piles et conservez-les hors de portée des enfants.

TIMEX®

DIGITAL WATCH WITH TIME, STOPWATCH, ALARM

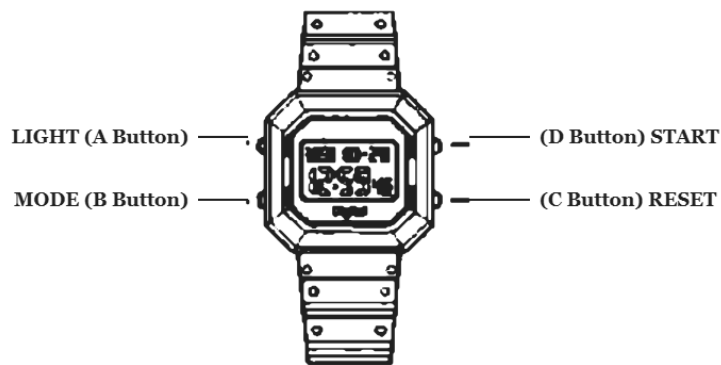
USER GUIDE..... 1

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Register your product at <https://www.timex.com/product-registration>

WATCH FUNCTIONS:

- 12 Digits LCD Display, Display Hour, Minute, Second,
- Month, Day and Week
- Daily Alarm
- Hourly Chime
- 12/24 H format selectable
- 1/100 second Chronograph with split functions
- Night Light



1. Know the buttons

Button	Location	What it does
A — LIGHT	Upper left	Turns on the EL backlight for about 3 seconds.
B — MODE	Lower left	Moves to the next mode or exits a setting screen.
C — RESET	Lower right	Selects the next setting; resets or controls split timing.
D — START	Upper right	Starts/stops timing; changes or toggles a flashing setting.

2. Move between modes

From the normal time display, press B (MODE) repeatedly:

NORMAL TIME → STOPWATCH → ALARM → TIME/DATE SETTING → NORMAL TIME

At-a-glance features

- 12-digit LCD with hour, minute, second, month, date, and weekday
- 1/100-second stopwatch with split-time display
- Daily alarm and hourly chime
- Selectable 12- or 24-hour time display
- EL backlight

3. Set the time and date

BEFORE YOU BEGIN Return to the normal time display. A flashing value is the value currently selected for adjustment.

- Open setting mode.** Press B three times. The seconds should flash.
- Reset the seconds.** Press D to reset the seconds to 00.
- Select hours.** Press C. When the hour flashes, press D until the correct hour appears. Watch the AM/PM indicator when using 12-hour time.
- Set minutes.** Press C, then press D until the correct minutes appear.
- Set the month.** Press C, then press D to choose the month.
- Set the date.** Press C, then press D to choose the day of the month.
- Set the weekday.** Press C, then press D to choose the correct weekday.
- Save and exit.** Press B to return to the normal display.

12/24-HOUR FORMAT The source sheet lists both formats but does not show a separate selection step. This option is usually reached while adjusting the hour: AM/PM visible means 12-hour time; no AM/PM means 24-hour time.

4. Turn the alarm or hourly chime on and off

14. **Open Alarm Mode.** From the normal display, press B twice.
15. **Choose the alert setting.** Press D repeatedly to cycle through the available alarm/chime combinations.
16. **Check the icons.** The bell icon means the daily alarm is on. The signal/chime icon means the hourly chime is on. If an icon is absent, that function is off.
17. **Return to the time display.** Press B until the normal display appears.

5. Set the daily alarm

18. **Open Alarm Mode.** From the normal display, press B twice.
19. **Start alarm setting.** Press C. The alarm hour should flash.
20. **Set the hour.** Press D until the desired hour appears. Confirm AM/PM if shown.
21. **Set the minutes.** Press C, then press D until the desired minutes appear.
22. **Save and exit.** Press B.

6. Use the stopwatch

Basic elapsed timing

23. **Open the stopwatch.** From the normal display, press B once.
24. **Start.** Press D.
25. **Stop.** Press D again.
26. **Reset to zero.** While the stopwatch is stopped, press C.
27. **Exit.** Press B to move to the next mode; continue pressing B to return to the normal display.

View a split time

A split freezes the displayed time while the stopwatch continues running in the background.

28. **Start timing.** Press D.
29. **Hold a split.** While timing is running, press C. The displayed time pauses.
30. **Return to live timing.** Press C again.
31. **Stop timing.** Press D.
32. **Reset.** Press C while stopped.

TIP If you are unsure which mode you are in, press B repeatedly until the normal time display returns, then begin again.

BATTERY:

THE WATCH BUTTON CELL OR COIN BATTERY IS NOT INTENDED TO BE REPLACED BY A CONSUMER. ONLY A JEWELER OR OTHER PROFESSIONAL IS TO REPLACE THE BATTERY.

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