

TIMEX

**Digital Stopwatch / Alarm / Countdown Timer**

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**09M095000** 4.14.23

Register your product at <https://www.timex.com/product-registration.html>

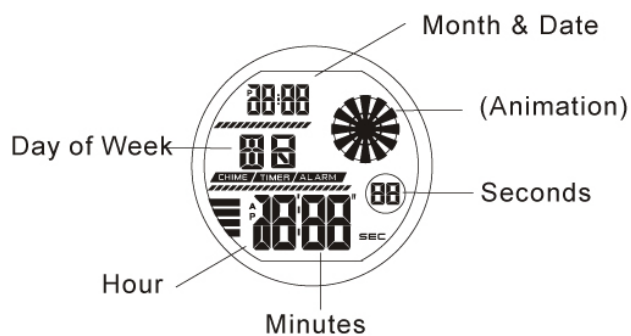
**NOTES:**

*\* Prolonged exposure to salt water and sunlight may result in discoloration over time.*

**FEATURES:**

- 1/100 Second Stopwatch
- Dual Time / 2<sup>nd</sup> Time Zone
- 24 Hour Countdown Timer
- 5 Alarms
- 100 Year Calendar
- Birthday Reminder
- INDIGLO® night-light

**WATCH DISPLAY:**





Button operations are indicated using the letters shown in the above illustration. There are 4 side buttons A (Reset), B (Mode), C (Indiglo) and D (Start/Stop).

**MODES:**

Press the B button to change the mode in the following sequence:  
Time Keeping > Stopwatch > Countdown > Alarm > Dual Time > Birthday Reminder.

**TIMEKEEPING:**

In Timekeeping mode press the D button to switch between 12/24 hour formats.

To set the time press and hold the A button until the seconds start flashing. Press D to reset the seconds. Press B to change to the next setting (Hours). Press D to increase the number. Press B to move to next setting (Minutes). Press D to increase the number. Repeat previous steps until all settings have been completed. Press A to exit settings when finished.

**STOPWATCH:**

From normal time of day press B until you reach Stopwatch mode. In the stopwatch mode press D to start the stopwatch. Press D again to stop the stopwatch. Press A to reset.

Measuring Splits: In stopwatch mode press D to start stopwatch. Press A to display the split time (stopwatch continues measuring internally). Press A again to clear the split time and continue time measurement. Repeat previous steps to measure multiple split times. Press D to stop the stopwatch.

**COUNTDOWN:**

From normal time of day press B until you reach the Countdown mode. In Countdown mode press A to enter the settings. Press D to increase to the desired hours of countdown. Press B to change to next segment. Press D to increase to the desired minutes of countdown. Press B to change to next segment. Repeat previous steps to set the seconds. Press A to exit settings when finished.

To start the Countdown timer, press D. You can pause the Countdown by pressing D again. When countdown reaches zero an alarm will sound for 60 seconds. You can press any button to stop the alarm.

**ALARMS:**

From normal time of day press B until you reach Alarm mode. In the Alarm mode press C to select your alarm chime. In Chime mode, press D to turn the chime On or Off. In Alarm mode, press D to turn alarm On or Off.

#### Setting the Alarms:

In Alarm mode, press A and the hours will begin flashing. Press D to increase to the desired alarm hour. Press B to select minutes. Press D to increase to the desired minutes of alarm. Press A to exit settings. All five alarms can be set in the same way as mentioned above.

#### DUAL TIME:

From normal time of day press B until you reach Dual Time mode. In Dual Time mode, press A and the hours will begin flashing. Press D to increase to the desired hour. Press B to select minutes. Press D to change the minutes. Press A to exit.

#### BIRTHDAY:

From normal time of day press B until you reach Birthday mode. In Birthday mode press button D to turn Birthday On or Off.

#### Setting Birthday:

In Birthday Mode, Press A and the Months will begin flashing. Press button D to increase to the desired Month. Press B to change to next selection. Press button D to increase to your desired Day. Repeat previous steps for the following sequence: Month > Date > Hour > Minutes. Press button A to exit when finished. An alarm will remind you of your Birthday for 60 seconds. Press any button to stop the alarm.

#### INDIGLO® night-light:

The watch provides INDIGLO® backlight for reading the display in dark environments. Press button C to turn on the backlight.

#### BATTERY:

The watch operates with a CR2025 battery. Below are some instructions for using and changing battery.

- Never expose the battery to excessive heat such as sunlight, fire or the like.
- Do not short-circuit the battery and do not take it apart.
- If necessary, clean the battery and unit contacts before inserting the battery.
- Dead batteries should be immediately removed from the device.
- Only replace the battery with a CR2025 battery.

#### EXTENDED WARRANTY

**Available in U.S. only.** Extend your warranty for an additional 4 years from date of purchase for \$5. You can pay with AMEX, Discover, Visa or MasterCard by calling 1 800-448-4639 during normal business hours. Payment must be made within 30 days of purchase. Name, address, telephone number, purchase date, and 5-digit model number required. You can also mail a check for \$5 to: Timex Extended Warranty, P.O. Box 1676, Dept. EF, Little Rock, AR 72203.

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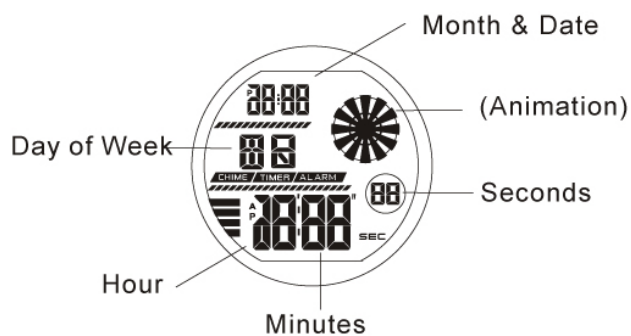
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To set the time press and hold the A button until the seconds start flashing. Press D to reset the seconds. Press B to change to the next setting (Hours). Press D to increase the number. Press B to move to next setting (Minutes). Press D to increase the number. Repeat previous steps until all settings have been completed. Press A to exit settings when finished.

**STOPWATCH:**

From normal time of day press B until you reach Stopwatch mode. In the stopwatch mode press D to start the stopwatch. Press D again to stop the stopwatch. Press A to reset.

Measuring Splits: In stopwatch mode press D to start stopwatch. Press A to display the split time (stopwatch continues measuring internally). Press A again to clear the split time and continue time measurement. Repeat previous steps to measure multiple split times. Press D to stop the stopwatch.

**COUNTDOWN:**

From normal time of day press B until you reach the Countdown mode. In Countdown mode press A to enter the settings. Press D to increase to the desired hours of countdown. Press B to change to next segment. Press D to increase to the desired minutes of countdown. Press B to change to next segment. Repeat previous steps to set the seconds. Press A to exit settings when finished.

To start the Countdown timer, press D. You can pause the Countdown by pressing D again. When countdown reaches zero an alarm will sound for 60 seconds. You can press any button to stop the alarm.

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#### DUAL TIME:

From normal time of day press B until you reach Dual Time mode. In Dual Time mode, press A and the hours will begin flashing. Press D to increase to the desired hour. Press B to select minutes. Press D to change the minutes. Press A to exit.

#### BIRTHDAY:

From normal time of day press B until you reach Birthday mode. In Birthday mode press button D to turn Birthday On or Off.

#### Setting Birthday:

In Birthday Mode, Press A and the Months will begin flashing. Press button D to increase to the desired Month. Press B to change to next selection. Press button D to increase to your desired Day. Repeat previous steps for the following sequence: Month > Date > Hour > Minutes. Press button A to exit when finished. An alarm will remind you of your Birthday for 60 seconds. Press any button to stop the alarm.

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